Book 14

The Otherside of trials

BismilLahirRahmaanirRaheem

1. Trials appear bitter in their physical depiction, but are sweet in their spiritual emanation once one has passed them

Book 15

Title: Never-ending miracles

BismilLahirRahmaanirRaheem

1. All you have to do is to completely trust in your Rabb(Allah), then you’d see never ending miracles

Book 16

Title: Learning about yourself

BismilLahirRahmaanirRaheem

1. You can’t get to know others unless you learn about yourself, and you can not learn about yourself unless you endeavour to learn about Allah correctly, upon the Quran and Sunnah, according to the understanding of the Sahaabah

Book 17

Title: Me time

BismilLahirRahmaanirRaheem

1. Sometimes you must take some “ me time”, and block out every thing and everyone, and concentrate on your sincere worship of your Creator(Allah)

2. You can not help others until you help yourself. It’s not being selfish. The more you are kind to yourself, and give yourself “ me time”, the more you are later, able to be more kind to others

Book 18

Title: Solving your own problems

BismilLahirRahmaanirRaheem

1. In order to solve other peoples problems, you have to be able to sufficiently solve your own problems. In order to solve your own problems, you must endeavour to worship your Rabb(Allah) sufficiently. Most importantly, you must worship your Rabb(Allah) correctly, according to the Quran and Sunnah, and the understanding of the Sahaabah(the companions of Prophet Muhammad Salah and Salaam be upon them)

Wa Allahu A'lam

Book 19

Title: Heaven on Earth

BismilLahirRahmaanirRaheem

One thing about life, is the more you appreciate the small things, the more the “ bigger things”(for lack of a better term), become like/ (as if) “ heaven on Earth”

Wa Allahu A’lam

AlhamdulilLah wassalaatu wassalaam ‘alaa Rasuulillah

Book 20

Title: Parable of Eternal Success

BismilLahirRahmaanirRaheem

Matn/ Text

One may look at eternal success, as an ascension.

Some peoples steps(or specifically) Jinn wa Ins(Allahu A’lam) ascend quicker than others.

Then there are special slaves of Allah, that He raises to himself(or to wherever He wills)

Wa Allahu A’lam

AlhamdulilLah wassalaatu wassalaam ‘alaa Rasuulillah

Book 21

The End of the Beginning

BismilLahirRahmaanirRaheem

Matn/ Text

There is something about spirituality that can not be likened to the physical plain/ existence.

This proven/ provable/ true assertion has no doubt (for those who have been endowed with this type of knowldge/ lifestyle/ existential reality/ spiritual reality))

However, spirituality in and of itself never guarantees one success in the hereafter, let alone success in this world/ dunia.

It is upon the one whom Allah has blessed/ granted with religious understanding/ stability, to stick to the Quran and the sunnah,

according to the understanding of the Sahaabah, and to hold on to it, and to never abandon it.

HayaakumulLah

JazaakumulLahukhairan

Allahumma baarik ‘alainaa Ameen

May Allah forgive us and May Allah have mercy upon us Ameen

AlhamdulilLah wassalaatu wassalaam ‘alaa RasuulilLah

Book 22

Title: Spiritual Healing

Subtitle: Book 2

BismilLahirRahmaanirRaheem

Matn/ Text

Part of spiritual healing is “ mostly” seeking Allah’s aid, eg. by carrying out the sunnah of Muhammad(sallalLahu ‘aleihi wassallam)- i.e. following the Quran and Sunnah of Prophet Muhammad(The salaam and salawat be upon him) sallalLahu ‘aleihi wassallam, according to the fahm/ understanding of the Sahaabah.

The other parts of spiritual healing tona me a few of the never-ending means(Wa Allahu A’lam)- which are also connected to the sunnah are

a. tawakkul
b. shukr
c. sabr etc. etc.

Wa Allahu A’lam
AlhamdulilLah wassaalaatu wassalaam ‘alaa RasuulilLah